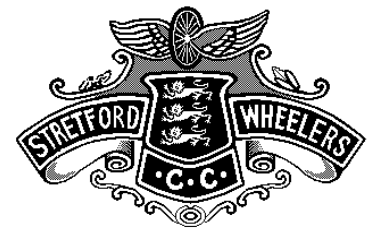




STRETFORD WHEELERS CYCLING CLUB William Murphy Memorial 25



AN OPEN 25 MILE TIME TRIAL

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

On course J4/8, Sunday 18th September 2022

START SHEET – EVENT INFORMATION

Thank you for entering our event. After last Autumn's absence due to the coronavirus constraints and the consequential cancellation, we are delighted to be back in action for 2022. However, there are still a few constraints on the way an open time trial would otherwise be run, so for the benefit of your health and good welfare, please do download and read the separate compliance guidelines.

1 Event HQ: Allostock Village Hall, WA16 9LP

Located off the A50 Knutsford Road, at Chapel Lane, Allostock, approx 1/2 mile south of the Mangoletsi Garage and just north of Boundary Water Park.

We have use of its sports ground, hall area and its toilet facilities. There is ample vehicle parking, though predominantly on the grassed sports field.

This is the location for Sign-On, collection of race numbers, Sign-Off, return of race numbers and general Event Administration.

The site will open for competitors use at 08:15 hrs. (First Rider, #1, starts at 09:01 hrs.).

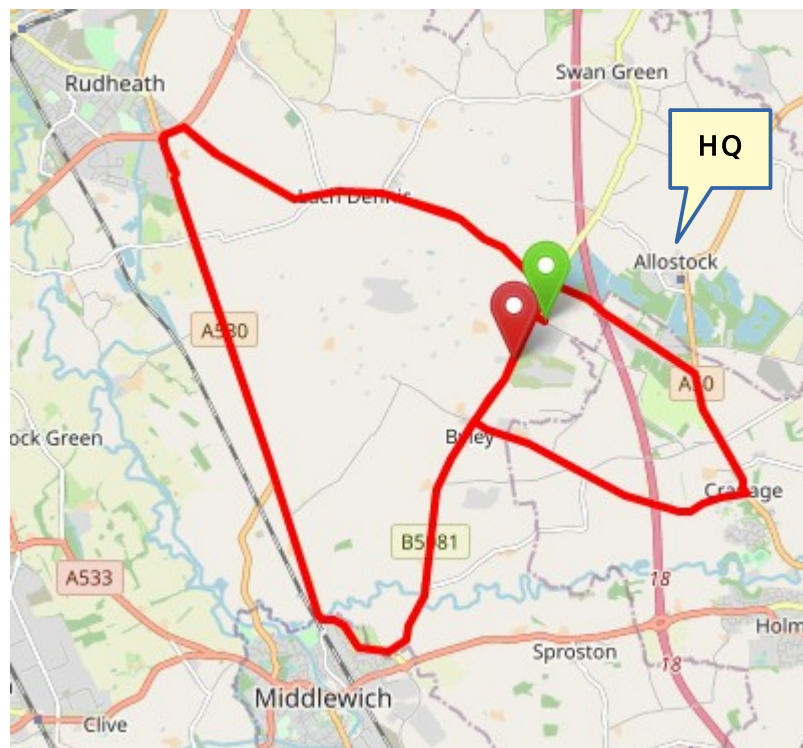
2 Event Officials

Event Secretary Graeme McCulloch, 51 Newgate Road, Sale, Cheshire, M33 4JJ

Tel: 0161 969 4539 Mob: 07513 364 737.

Timekeepers: Andrew Grace & Bob Norton

3 Course Details (J 4/8) 25 miles



Start on Kings Lane at a Telecoms manhole cover with the word “Broads” embossed on it and proceed approximately 0.1miles to B5081 (Byley Road) where turn left.

Proceed West along the B5081, 0.946m to **Byley Cross Roads** [0.946 m]

Turn left along Moss Lane/ Byley Lane, 2.098m to **Cranage** [3.045 m] **Take care at junction.**

Turn left along the A50, 0.926m to **Woodside (Northwich Rd / Pennys Lane)** [3.970 m]

Left along the B5082. **Beware of rough road surface crossing the M6 bridge.**

Continue 4.191m to join the A556 at **Rudheath** [8.161 m] **Take care at junction.**

Turn left 0.139m along the A556 to join the A530 at **King Street Island** [8.299 m]

Turn left along the A530/B5309, 3.615m to the traffic lights at the junction with **Centurion Way** (Middlewich) **Traffic Lights** [11.914 m].

Filter left along Centurion Way via a roundabout, 0.516m to **Byley Road corner** (Kinderton) [12.475 m]

Turn left along the B5081, 2.928m to **Allostock (Three Greyhounds Public House)** [15.403 m]

Turn left along the B5082 (Pennys Lane), 2.970m to **Rudheath** [18.373m] **Take care at junction.**

Turn left 0.139m along the A556 to join the A530 at **King Street Island** [18.512m].

Turn left along the A530/B5309, 3.615m to the traffic lights at the junction with **Centurion Way** (Middlewich) **Traffic Lights** [22.127m].

Filter left along Centurion Way via a roundabout, 0.561m to **Byley Road corner** (Kinderton) [22.688 m]

Turn left 2.331m along the B5081 to **Finish** [25.019m] on the B5081 at the 2nd oak tree on the left after the entrance to Earnshaw House Farm

At the Finish, please call out your number. The Time-Keeper is located on the left (near) side of the road.

4 Safety Rules & Regulations

CTT Regulations 14(i), 14(j), 15: COMPULSORY LIGHTS & HELMETS

No competitor will be allowed to start without a working white front light and red rear light, either flashing or constant, and fitted to their machine in a position clearly visible to other road users. All competitors must wear a properly affixed helmet which must be of hard/soft shell construction.

No lights or no helmet = no ride.

Care At Road Junctions:

Riders must exercise care at all junctions. **Any competitor whose riding line causes him/her to cross the white line when approaching or leaving a junction will be liable to disqualification and may be reported to the District Committee for further disciplinary action.** A competitor who swings out to the right before executing a left turn should ensure that the road behind is clear of traffic before doing so. The practice is not encouraged by the District Committee and competitors who ride in this manner are warned that in many circumstances this manoeuvre will be regarded as a contravention of Regulation 20.

Local Regulation 8:

Riders must **exercise extreme caution when joining the A556 and be in single file.** Proceed with caution keeping close to the verge. Any rider who joins the A556 in a manner which causes him/her to cross the dividing line of the two lane carriageway will be disqualified from the event and may be reported to the District Committee for disciplinary action.

Observers: will be present around the course and will report competitors whose riding is considered to be in breach of the Regulations.

'U' turns in the vicinity of the Start and Finish must be avoided, and any rider observed performing this manoeuvre will be reported to the District Committee and will risk disqualification from the event.

No car parking at the start or finish, other than officials.

After finishing, riders must continue along the road to the crossroads and not stop at the Timekeeper.

5 Covid Precautions

CTT has issued a document “Covid-19 Risk Assessment 23 02 22”. If you haven’t already read this, please download from the CTT website and read carefully

<https://www.cyclingtimetrials.org.uk/documents/index/covid-19>

These are the key messages: -

- **Competitors should not attend if they feel ill in ANY way, especially if they or family members have any symptoms.**
- The Village Hall building will be ventilated as well as possible and we advise all those entering the HQ to be sensible regarding keeping a safe distance from one another.
- Please follow government guidelines on handwashing/sanitising.
- We recommend no changing inside the HQ. Please come dressed ready to ride or change in your vehicle on the playing field area.
- **No assisted push-off.** The M&DTTA have decided to continue to ask riders to set off unassisted from the Start timekeeper and, for consistency, we are electing to maintain this procedure. Do not cross the start point until you get the signal from the timekeeper.
- We will be offering HQ catering and a Results board.
- Do not approach the timekeepers or any other officials.

Please ensure that you review the Risk Assessment at time of signing on!

6 Route to the Start

It is approximately 2 miles to the START from HQ: from the HQ gate, turn right along the narrow lane, turn right onto Princess Road, then right onto Wash Lane to proceed to Middlewich Road. Turn left and over the M6 motorway bridge to the staggered crossroads at The Three Greyhounds PH. Head straight across onto Byley Road and proceed (approx 1/4 mile) to turn left into Kings Lane to the START.

Please allow sufficient time to get to the start and note that where you cross the course at The Three Greyhounds crossroad you may encounter riders already on course.

7 Return to HQ

After crossing the Finish Line, riders should continue to the Three Greyhounds PH staggered crossroads, being aware that other competitors may still be on course approaching from behind. Proceed across onto Middlewich Road. Immediately after crossing the M6 fly-over bridge, turn right onto Wash Lane then proceed and turn left onto Princess Road, then left at the end to the HQ.

8 Prizes

The outright fastest competitor shall receive the William Murphy Memorial Trophy, to be engraved by the club and presented to the winner, to hold for the year (or until our next 25m TT).

Overall Fastest, M & F & Vet on Std	£25 each
Second Fastest, M & F & Vet on Std	£20 each
Third Fastest, M & F & Vet on Std	£15 each
Fastest Club Team of 3 riders	£36 total (£12 each)

Prizes shall be allocated on a one rider / one prize, other than the Club Team and the main trophy.

The Event Secretary’s decision on prize allocation shall be final.